

Miracle Hour by Linda Schubert

“...Could you not keep watch for one hour?” (Mark 14:37)

Let us Pray!

The very “sacrifice” of praise – working at it when we don’t feel like it – draws us into the presence of the Lord. People of praise discover that this action of the heart, the mind (and sometimes just the will) is very healthy for body, mind and spirit. Praise draws us into a healthy mental attitude. Praise increases our capacity to live and grow in love and holiness. Praise draws us into the abundant life in which God created us to live. Let us praise God in all things.

For the next five minutes just forget about yourself and concentrate on God.

LITANY OF PRAISE

Praise You, Jesus, You are my Life, and love.

Praise You, Jesus, You are the Name above all names.

Praise You, Jesus, You are Emmanuel, God with us.

Praise You, Jesus, You are the King of kings.

Praise You, Jesus, You are the King of creation.

Praise You, Jesus, You are the King of the universe.

Praise You, Jesus, You are the Lord of lords.

Praise You, Jesus, You are the Almighty.

Praise You, Jesus, You are the Christ.

Praise You, Jesus, You are Christ, the King.

Praise You, Jesus, You are the Lamb of God.

Praise You, Jesus, You are Lion of Judah.

Praise You, Jesus, You are the Bright Morning Star.

Praise You, Jesus, You are our Strength and our Song.

Praise You, Jesus, You are the Way for our life.

Praise You, Jesus, You are only Truth.

Praise You, Jesus, You are the Real Life.

Praise You, Jesus, You are the Wonderful Counselor.

Praise You, Jesus, You are Prince of Peace.

Praise You, Jesus, You are the Light of the World.

Praise You, Jesus, You are our Redeemer.

Praise You, Jesus, You are the Messiah.

Praise You, Jesus, You are the Anointed One.

Praise You, Jesus, You are the Holy One of Israel.

Praise You, Jesus, You are the Good Shepherd.

Praise You, Jesus, You are the Lord of hosts.

Praise You, Jesus, You are the Sheepgate.

Praise You, Jesus, You are the Lord of hosts.

Praise You, Jesus, You are Rock of all ages.

Praise You, Jesus, You are my Hiding Place.

Praise You, Jesus, You are the Savior of the World.

Praise You, Jesus, You are the Strong Tower.

Praise You, Jesus, You are the Mountain Refuge.

Praise You, Jesus, You are the Bread of Life.

Praise You, Jesus, You are the Font of all holiness.

Praise You, Jesus, You are the Living Water.

Praise You, Jesus, You are the True Vine.

Praise You, Jesus, You are my Spouse, my Maker.

Praise You, Jesus, You are our Fortress.

Praise You, Jesus, You are the Deliverer.

Praise You, Jesus, You are our Victory.

Praise You, Jesus, You are our Salvation.

Praise You, Jesus, You are our Righteousness.

Praise You, Jesus, You are our Wisdom.

Praise You, Jesus, You are our Sanctification.

Praise You, Jesus, You are our Justification.

Praise You, Jesus, You are the Door.

Praise You, Jesus, You are the great I AM.

Praise You, Jesus, You are the great High Priest.

Praise You, Jesus, You are the Cornerstone.

Praise You, Jesus, You are the Sure Foundation.

Praise You, Jesus, You are our Joy.

Praise You, Jesus, You are our Portion and Cup.

Praise You, Jesus, You are my Healing and Wholeness.

Praise You, Jesus, You are our Covenant.

Praise You, Jesus, You are the Promise of the Father.

Praise You, Jesus, You are the Everlasting One.

Praise You, Jesus, You are the Most High God.

Praise You, Jesus, You are the Lamb that was slain.

Praise You, Jesus, You are the Just Judge.

Praise You, Jesus, You are Balm of Gilead.

Praise You, Jesus, You are the Mighty Warrior.

Praise You, Jesus, You are my Defense.

Praise You, Jesus, You are the Bridegroom.

Praise You, Jesus, You are my Patience.

Praise You, Jesus, You are the Solid Reality.

Praise You, Jesus, You are my Provider.

Praise You, Jesus, You are the Resurrection and the Life.

Praise You, Jesus, You are the Alpha and the Omega.

Praise You, Jesus, You are the Beginning and the End.

Praise You, Jesus, You are all that I need.

Praise You, Jesus, You are all that I want.

Praise You, Jesus, You are worthy of all praise.

(Our Father)

At times in our lives we may have inadvertently opened our spirit to some negative spiritual forces. It's time to close those doors. It is important when we pray to place ourselves specifically under the protection of the Lord's protection and take authority over any powers of evil. (This has already begun, because praise is one of the most powerful weapons against the enemy.)

SPIRITUAL WARFARE PRAYER

Heavenly Father, I come before You in praise, worship and adoration. Thank You for sending You Son Jesus to give me life, to give me forgiveness, to give me a place in Your family. Thank You for sending the Holy Spirit to guide me and empower me in my daily life. Heavenly Father, open my eyes that I may see Your greatness, Your majesty, Your victory on my behalf.

I place myself now under the cross of Jesus Christ and cover myself with the Precious Blood of Jesus. I surround myself with the light of Christ and say in the name of Jesus that nothing shall interfere with the Lord's work being accomplished in my life.

I put on God's armor to resist the devil's tactics. I stand my ground with truth buckled around my waist and integrity for a breastplate. I carry the shield of faith to put out the burning arrows of the evil one. I accept salvation from God to be my helmet and receive the word of God from the Spirit to use as a sword.

Heavenly Father please show me any way that satan has a hold of my life. I let go of all those ways now. Any territory I have handed over to satan I now reclaim and place under the Lordship of Christ.

In the name of Jesus Christ I bind all spirits of the air, fire, water, ground, and their fruits around us, the underground and the nether world. In the name of Jesus Christ I seal this room (bus) and all members of my family, relatives, associates and all sources of supply in the Blood of Jesus Christ. In the name of Jesus Christ I forbid every spirit from any source from harming me in any way.

In the name of Jesus Christ I reject the seductive lure of evil in all its forms and refuse to let sin have dominion over me. I reject satan and all his works and all his empty promises. Heavenly Father, I ask forgiveness for myself, my friends, relatives and ancestors for calling upon powers that set themselves up in opposition to Jesus Christ. I renounce all openness to the occult, all false worship and all benefits from magical arts. I renounce every power apart from God and every form of worship that does not offer true honor to Jesus Christ. I specifically renounce astrology, fortune telling, crystals, tarot cards, Ouija boards and any occult games. In the name of Jesus Christ, I break any curses that may be coming against me or my family, and stop the transmission of those curses through my ancestry.

In the name of Jesus Christ, I bind you spirit of (anger, unforgiveness, fear, insecurity, illness trauma.) I bind you away from me now, in Jesus' name. Lord Jesus, fill me with Your love to replace the fear; fill me with strength to replace the weakness, fill me with your health to replace the illness.

Loving Father, let the cleansing, healing waters of my baptism flow back through the generations to purify my family line of contamination. Thank You, Lord, for setting me free. "... in all these things we are more than conquerors through Him who loved us"

Praise You, Jesus, You are our Joy.

Praise You, Jesus, You are our Portion and Cup.

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Praise You, Jesus, You are the Promise of the Father.

Praise You, Jesus, You are the Everlasting One.

Praise You, Jesus, You are the Most High God.

Praise You, Jesus, You are the Lamb that was slain.

Praise You, Jesus, You are the Just Judge.

(Our Father)

Our healing and empowerment begins when we surrender to Jesus. People generally find that He is the strongest in them when they surrender, and are in a position of weakness before Him. The more we open up, yield, and simply allow ourselves to be drawn deeply into the Lord's love, the more our lives will come into right order. Pray from your heart. Pray it in your words, spontaneously, not as a ritual, but with an opening of yourself to God.

A PRAYER OF SURRENDER

"... may Your will be done" (Matthew 26:42)

Loving Father, I surrender to You today with all my heart and soul. Please come into my heart in a deeper way. I say "Yes," to you today. I open all the secret places of my heart to You and say, "Come on in." Jesus You are Lord of my whole life. I believe in You and receive You as my Lord and Savior. I hold nothing back. Holy Spirit, bring me to deeper conversion to the person of Jesus Christ. I surrender all to You: my health, my family, my resources, occupation, skills, relationships, time management, successes and failures. I release it, and let it go. I surrender my understanding of how things ought to be, my choices and my will. I surrender my weakness and strengths to You. I surrender my emotions, my fears, my insecurities, my sexuality. I especially surrender _____, _____. Lord, I surrender my entire life to You, the past, the present and the future. In sickness and in health, in life and in death, I belong to You.

"Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all that I have and possess. You have given all to me. To You ,O Lord, I return it. All is Yours. Dispose of it wholly according to Your will. Give me Your love and Your grace, for this is sufficient for me." (Prayer of St. Ignatius)

(Our Father)

RELEASE OF THE HOLY SPIRIT

Come Holy Spirit, and baptize me with the fire of Your love. I have surrendered to the best of my ability, and now I want to be filled with Your Spirit. I need Your power in my life. Please come, and fill me now. Lord, I believe that when I surrendered to You as Lord, we became one. You are my vine and I am a branch of the vine. All that You are is within me. My life flows from You. I believe that as I yield and ask, You will release Your strength, wisdom, healing, etc. to meet the needs of the hour. I yield now to receive You sanctification gifts of Isaiah 11:2: wisdom and understanding, counsel and might, knowledge and the fear of the Lord. I need these gifts in my life, to grow as a Christian. I yield and ask You to release Your manifestation gifts of service, as listed in 1 Corinthians 12: wisdom, knowledge, faith, healing, miracles, prophecy, discernment, tongues and interpretation of tongues. I need them to witness to a hurting world. Only in Your power, guided by Your Spirit, can my life be fruitful. Holy Spirit come. Holy Spirit come. I want it all, wrapped in the greatest gift of all: love. "... the greatest of these is love" (1 Corinthians 13:13). Melt me, mold me, fill me, use me. Give me opportunities to use Your gifts to reveal Your love and mercy. Stretch me, Lord. I will not limit Your gifts by my perceptions of what I can handle Holy Spirit, expand my capacity. Work in me in a powerful way. I want every purpose

God has for my life to be fulfilled, and I need You, mighty Spirit of God, to bring that purpose to fulfillment. Come Holy Spirit. Come.

As You flow through me to minister to others, I know that You are flowing within me to heal my life too. Thank You for flooding the deep places of my life with Your electric love. Thank you for washing and cleansing any wounds and scars from the past that still have the power to dominate my thoughts and suppress my physical and emotional freedom. Thank you for bringing light into the shadows and warmth to any cold, dark rooms in my soul. Compassionate Holy Spirit thank You for coming and drawing out the uncried tears, the unfinished grieving, the pain of loss, the traumas, the fear, the emotional hurts so painful that they were “buried alive.” Spirit of Wisdom thank You for coming into the root cause of any chronic failures. Gentle Holy Spirit, thank you for reminding me that the love of Jesus was always there, filling in the gap between the love I needed and the love I received.

(Scan your life for any hurtful memories that need to be healed. When they surface, say simply)

“Holy Spirit I surrender that event to You for healing. Thank you for bringing Your good out of the hurt. Praise You, Jesus” Let this be an opportunity for a deeper release of the Holy Spirit as more of your emotional life becomes unbound.

Thank you, Holy Spirit, for Your presence with me, flowing freely in me and through me. Thank you for being my friend, my teacher, my comforter, my counselor, my intercessor, and the giver of extravagant gifts. Thank you especially for _____.

Come Holy Spirit Song

(Our Father)

PRAYER OF REPENTANCE

As you pray the following prayer it is not recommended that you delve into all your sins and failings, but let the Holy Spirit guide you. Don't get bogged down in the details of the prayer, but use it to stimulate an active conscience.

Loving Father, I am sorry for all the ways I have offended You, knowingly or unknowingly. I have sinned in thought, word and deed. I have sinned in what I have done, and in what I have failed to do. I come before You and ask for the grace of a deeply repentant heart. You know my innermost secrets. I open my heart to You today and ask You to show me the ways I have blocked the flow of Your love. Forgive me, Father, for all my sins, faults and failings.. For all the times I have gone astray and not chosen life, I am deeply sorry. I repent of lack of faith, acting in fear instead of faith, unbelief in Your goodness, or lack of truly believing in Your love for me.

I ask forgiveness for sins against my purity; lust, fornication, adultery, unclean books, movies and videos and sexual fantasies, especially _____. I turn away from all those activities and I turn to You. I deeply repent of having an abortion or encouraging someone to have an abortion. Forgive me, Lord.

I repent of any compulsive, addictive behavior: drinking, drugs, gambling, sex, food and all addictions especially _____. Thank you, Father, for setting me free. I repent for not taking care of my physical and emotional health: lack of balance in nutrition, rest and exercise; perhaps the unhealthy suppression of emotions. I make a commitment today to take care of myself.

I'm sorry for the times I have hurt other people. I repent of any stealing, lying, deceiving and defrauding. I regret any lack of affirming others, brushing people off, coldness, unloving and inconsiderate behavior. I'm sorry for gossiping, betrayal of confidences and all breaches of faith. I repent of any envy, hatred, resentment, unforgiveness, jealousy, criticizing or judging other, not receiving love in the way it is offered, and withholding expressions of love. I especially ask for forgiveness_____.

I bring before You now those areas that I am the most ashamed to bring to You; areas that I have hidden, such as certain personal habits, secret guilt, dark areas I have previously refused to bring to You. I bring You all areas about which I am the most ashamed, especially _____. Lord, I will no longer hide them from You, or from myself. Today is my day of healing and liberation.

Loving Father, what else should I bring to You?

For these I beg pardon today. I accept Your forgiveness and now share Your forgiveness with others. Thank You, Lord. Amen.

(Our Father)

FORGIVENESS PRAYER

Make a decision to be reconciled with the people in your life. Resolve to set them free, and set yourself free. Life is too short and too precious to waste being trapped and bound in the chains of unforgiveness. Let it go, today. You won't be sorry. Forgiveness begins with a decision; the emotions will follow.

Loving Father, I choose to forgive everyone in my life, including myself, because You have forgiven me. Thank you, Lord, for this grace. I forgive myself for all my sins, faults and failings, especially _____. I forgive myself for not being perfect, I accept myself and make a decision to stop picking on myself and being my own worst enemy. I release the things held against myself, free myself from bondage and make peace with myself today, by the power of the Holy Spirit.

I forgive my MOTHER for any negativity and unlove she may have extended to me throughout my life, knowingly or unknowingly, especially _____. For any abuse of any sort I do forgive her today. For any way she did not provide a deep, full, satisfying mother's blessing I do forgive her today. I release her from bondage and make peace with her today.

I forgive my FATHER for any negativity and unlove he may have extended to me throughout my life, knowingly or unknowingly, especially _____. For any and all abuses, unkind acts, hurts,

and deprivations I do forgive him today. For any what that I did not receive a full, satisfying father's blessing I forgive him today. I release him from bondage and make peace with him today.

I forgive my SPOUSE for and negativity and unlove extended throughout our time together, especially _____ . For all the wounds of our relationship I do forgive my spouse today. I release my spouse from bondage and make peace between us today.

I forgive my CHILDREN for any hurts, especially _____ . I release them from bondage and make peace with them today. Bless them. Lord.

I forgive my SISTERS and BROTHERS for any negativity and unlove especially _____. I forgive my BLOOD RELATIVES for any abuses, especially _____. I forgive my ANCESTORS for any negative actions that affect my life today and make it harder for me today to live in the freedom of a child of God. I release them from bondage and make peace with them today, in Jesus' name.

I forgive FRIENDS for any actions of negativity and unlove, especially _____. For any time they abused our relationship or led me astray. I do forgive them. I release them from all bondage, and pray a blessing on them today, in Jesus' name.

I forgive all SCHOOL TEACHERS for any negative, abusive actions, especially _____.

I forgive LAWYERS, DOCTORS, NURSES, and other professionals, especially _____. I forgive CLERGY and all representatives of the church especially _____. I release them all, in Jesus' name.

I forgive every member of SOCIETY who has hurt me in any way; those who have hurt me by criminal action or who have harmed my family. I forgive all in public life who have passed laws opposing Christian values. I forgive all the unfair, anonymous sources of pain and annoyance in my life.

Heavenly Father I now ask for the grace to forgive the ONE PERSON IN LIFE WHO HAS HURT ME THE MOST. The one who is the hardest to forgive, I now choose to forgive, though I may still feel angry and hurt. I also make peace with the one family member, the one friend and the one authority figure who has hurt me the most.

Lord, is there anyone else I need to forgive?

Thank You, Father, for setting me free.

I now pray a blessing on those who have hurt me. Lord, do something special for each of them today. Thank You, Lord. I praise You. Amen.

(Our Father)

